



Robin's Nest is nestled on an outcropping in the trees with sweeping views of pasture and pines. In this tranquil setting, it is the perfect place where women can relax and hear the voice of God. The retreat messages range from healing, teaching, encouraging or inspiring.

Dinah Monahan, the director of Robin's Nest, has spent her life mentoring and helping women experience Christ's love and their identity in Him. After the death of her beloved husband of 46 years and other major life events, Dinah re-evaluated her life. She sought God, asking what He wanted her to do with this new season of her life. Robin's Nest is the result. Dinah's heart is in leading retreats for women. Her hope is to offer a spiritual and physical experience that will give rest, insight, motivation and understanding for women from the inner cities, Apache Reservation, and any other groups God brings to Robin's Nest.



The home itself is set on two acres of pine and juniper. Like a nest in a tree, it is set atop an outcropping, as if nestled in the branches of the trees surrounding it. The massive wrap around porch commands a view of the valley below. Sitting, rocking on the porch, you can feel the stress of life seep out of you as you listen to the breeze rustle the branches of the tall pines. In the afternoon the pond sparkles as the sun dances off of the water. Occasionally majestic Bald Eagles perch in the trees or soar overhead. In the evening you can sit around a crackling campfire. We have ping pong on the deck, badminton, a covered patio, hammock and lots of areas for solitude. Only fifteen minutes and a world away is Robin's Nest's private lake. It is an oasis of beauty and water fun. Kayaks, paddle boat, a swim dock and trampoline make it an adventure! The beach is gently sloping sand.

LOCATION: The home is located in Linden AZ, right outside the Show Low city limits. Show Low is a small town in the White Mountains that was named after the turn of a card. Show Low is full of antique shops and great thrift stores.

MEALS: This ministry is blessed by women who have the same vision and passion to minister to other women. They volunteer to make and serve the meals. Great care goes into each meal and as you can imagine the food is delicious. Not only is each meal provided but also snacks, baked goods and drinks. All of this is served up with love and the joy of the Lord which makes every meal very special!



WHAT IS PROVIDED: We will provide made up beds, towels, pillows, soap, shampoo and conditioner.

BRING: Personal items and blow dryer. A light sweater in the summer nights can be chilly and warm clothing in the winter as the temperatures drop to the teens. If it's summer, bring swim suits and towels.

COST: The retreat is free. Participants will need to provide their own transportation.

TRAVEL ARRANGEMENTS: We will arrange transportation from the Phoenix airport to Robin's Nest, three hours away. Please plan on arriving by 2pm on the first day and anticipate leaving the airport after 2pm on the final day.



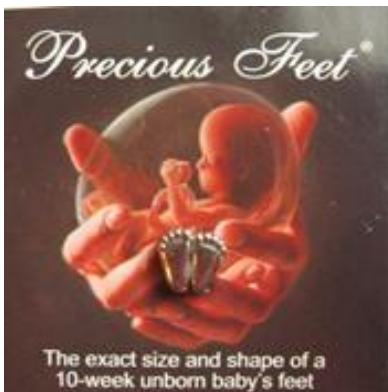
ACCOMODATIONS: There are sixteen beds, four to a bedroom. (One bunk in each bedroom) There are two pull out beds upstairs. Robin's Nest can comfortably accommodate eighteen in shared space. Robin's Nest Ministry wants women to experience God's love for them in everything they encounter, from the food to the charming decor of the rooms.

RETREAT PROGRAM: The Impact of Shame in the Life of Your Residents

As a Christian we can know in our head that Jesus loves us. But, deep in our heart, there is a lie. Because of this lie, Christian women continue to live in bondage. Where there should be freedom, there is striving. Where there should be transparency, there are masks. Where there should be self-acceptance, there is a sense of being a fraud. Where there should be security in who we belong to, there is fear of being found out. We are unable to do what we were created for because we are so focused on our perceived inadequacies, failings, and past sins. As such, our past isn't in the past. It still defines and drives us in the present. This retreat is about becoming women of freedom and helping other women experience freedom -- a freedom where the mask can come off, the striving can be stopped, and resting in Jesus can become a reality. It requires that we bring everything into the light of Truth, examine it and call out the lies.

This retreat uses an accompanying workbook to explore and resolve shame in women's lives. It has two goals: 1) to help women address shame in their lives and 2) to raise up women who want to help others to move past their shame.

ABOUT DINAH MONAHAN



First and foremost, Dinah's life can be defined by Pro-Life. Her mother created the Precious Feet, the lapel pin that is the size and shape of a pre-born babies feet at ten weeks. Her mom and dad were pioneers in the Pro-Life movement and remained activists all of their lives. Dinah has been speaking out against abortion for nearly fifty years. While she has been involved on many levels including political activism, marches and protests, Dinah has always been drawn back to working with women - pregnant women, wounded and abused women and Christian women struggling with the pain of abortion and abuse.

Dinah has five children and twenty-six grandchildren. Her husband Mike died in March of 2016. They were married for 46 years and spent a lifetime together ministering in the Pro-Life cause. In her family's early years they took pregnant women into their home and hearts. Between pregnant women and troubled teens, the Monahan family was a refuge and a hope for hundreds of young women over the years.



Dinah founded Living Hope Women's Centers and Hope House Maternity Home in the White Mountains of Arizona and directed them for twenty years. One of the centers is on the Apache Indian Reservation, the only pregnancy care center on a reservation in the country. She also created the Earn While You Learn program and curriculum that is being used in close to two thousand centers across the country and internationally.



After she "retired" Dinah and Mike went to Ethiopia and founded a maternity home there. Many trips ensued and the home, which took in sixteen young women at a time, continued for five years. While the doors had to be closed because of circumstances beyond their control, many babies were saved from abortion and moms found Life in Jesus.



Even though the home closed, Dinah and Mike stayed involved with a church they helped build in a village called Gutumuma. It is in the middle of a Muslim region where the price for conversion to Christianity is high. Recently Dinah went back to Gutumuma to host a women's retreat for one hundred twenty women converts to Christianity and she continues to be involved in the growth of Christianity in the region.



Dinah is a certified lay counselor who, because of life experiences, has specialized in helping women who have been molested as children. She has also become an expert on shame and the destructive role it plays women's lives.

Dinah is a speaker, teacher, counselor, author mentor and advocate of women and children. She is the co-recipient of the Lagatus Award for her Pro-Life work alongside George W. Bush, Heartbeat International's Servant Leader Award to name a few.



Want to learn more about Robins Nest?

Have questions?

<https://robinsnestretreat.org/>

Contact Karen at (928) 245-4603



What women are saying:

"I am blown away with God's presence in your message, Dinah. God's power ... His Sovereignty, His forgiveness, mercy, and grace shine through in your teaching. The workbook is like a vessel that leads the reader to the cross. The pervasive feeling of "No condemnation" and "Only God" ...wow. It is aligned with Scripture and engages the reader in critical thinking. It draws the reader in and allows her to activate her own prior knowledge in terms of personal experience, joy, pain, suffering...struggles... Self pity... What a dynamic ministry our Lord has given you." -Yakima Chandler, RN, Mom, Former aide to Hillary Clinton

Dinah,

Thank you so much for sharing. Your message was so powerful and helpful to me. I love the focus on how to have a contrite heart through surrender. The flow of your message and illustrations were spot on and the use of scriptures was so wonderful. This is going to be so helpful to me in my walk with Christ. Surrender, forgiveness, humility, selflessness and a broken and contrite heart are the path to bring a woman after God's own heart. Thank you for showing me how I can give up the worst of myself to God so He will work these things in me. P.S. Your stories are funny! -Carol, Choices Pregnancy Center

I absolutely loved the transparency of the entire seminar. Many subjects were touched on that many don't want to address because it can be an ugly truth brought to light. Thank you for sharing your Godly wisdom with us. It was refreshing to hear that we all have something to surrender and how important it is to be obedient to do so. Thank you for your obedience in sharing your story to encourage many.

-Liz, seminar attendee

Thank you, Dinah for the excellent teaching. This is applicable to most every woman I know. You were able to explain in a very tangible way the meaning of surrender. As I enter a new leadership role, I will use this in my own life and will pass on to others.

-Mindi Milas, Choices Pregnancy Center

